CLAIMS

1. A composition for protecting liver functions, which comprises reduced coenzyme Q represented by formula (1):

OH

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H₃CO CH₃
(CH₂CHC(CH₃)CH₂)_n H
OH

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(1)

- 20 (wherein n represents an integer in the range of 1 to 12).
 - 2. The composition according to claim 1, wherein the reduced coenzyme Q is reduced coenzyme Q_{10} .
- 25 3. The composition according to claim 1 or 2, wherein the content of the reduced coenzyme Q is in the range of 0.001 to 99 percent by weight.
- The composition according to any one of claims 1 to
 30 3, which further comprises a health food material.
 - 5. A pharmaceutical formulation for protecting liver functions, which comprises the composition according to any one of claims 1 to 4.

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- 6. The pharmaceutical formulation according to claim 5, which is in the form of a powder, or a capsule formulation.
- 7. The pharmaceutical formulation according to claim 5, which is in the form of a drinkable preparation, an injectable solution, or an infusion or a drops formulation.
- A functional food for protecting liver functions, which comprises the composition according to any one of claims 1 to
 4.
 - 9. An animal feeding stuff for protecting liver functions, which comprises the composition according to any one of claims 1 to 4.
 - 10. A method for protecting liver functions of a mammal, which comprises administering to a mammal the composition according to any one of claims 1 to 4.
- 20 11. A method for protecting liver functions of a mammal, which comprises orally administering the composition according to any one of claims 1 to 4.
- 12. A composition for protecting liver functions, which comprises oxidized coenzyme Q represented by formula (2) and selenium, wherein the content of the selenium is less than 0.01 percent by weight:

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$$_{5}$$
 $H_{3}CO$ CH_{3} $H_{3}CO$ $(CH_{2}CHC(CH_{3})CH_{2})_{n}H$

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(wherein n represents an integer in the range of 1 to 12).

13. The composition according to claim 12, which is used for oral administration.

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14. The composition according to claim 12 or 13, wherein the oxidized coenzyme Q is oxidized coenzyme Q_{10} .

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15. The composition according to any one of claims 12 to 14, wherein the content of the oxidized coenzyme Q is in the range of 0.001 to 99 percent by weight.

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16. The composition according to any one of claims 12 to 15, which further comprises a health food material.

17. A pharmaceutical formulation for protecting liver functions, which comprises the composition according to any one of claims 12 to 16.

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18. The pharmaceutical formulation according to claim 17,

which is in the form of a granulation, a powder, or a capsule formulation.

- 19. The pharmaceutical formulation according to claim 5 17, which is in the form of a drinkable preparation, an injectable solution, or an infusion or a drops formulation.
- 20. A functional food for protecting liver functions, which comprises the composition according to any one of claims 12 to 10 16.
 - 21. An animal feeding stuff for protecting liver functions, which comprises the composition according to any one of claims 12 to 16.

22. A method for protecting liver functions of a mammal, which comprises administering to a mammal the composition according to any one of claims 12 to 16.

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